

# WHAT IS A MENTOR, TEACHER, LEADER

Why do we need a MENTor.

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Why do we need protection?

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Who do I represent (God / Me, Family, TCC).

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Teach our boys that Mentoring is the relationship between an adult (mentor) and child (mentee) that provides young people with the guidance, support and encouragement that will make a positive and lasting difference in their lives. Our boys also need to look out for opportunities where they can take a stand and become the MENTor, teacher or leader.

Children need special protection because they are among the most vulnerable members of society. They are dependent on others - their parents and families, or the state when these fail - for care and protection.

Our boys need to know that they always represent something or someone and they therefore need to behave in a certain way that will reflect who they are.



# PROTECTIVE vs. ABUSIVE

Good vs. bad secrets.

Protector would never want something from you

Speak up for those who cannot speak for themselves, defend the rights of the poor and the needy.

What can we tell our boys to make them understand how to avoid danger without making them unnecessarily scared?

It's all about secrets and how children perceive them. There are good secrets and bad secrets and ensuring that our boys know the difference could save them from all sorts of dangers.

Good secrets are about birthday presents or surprise parties -these are happy secrets and secrets that benefit people. Bad secrets come with threats and intent to harm someone.

Teach our boys that a true protector will never want something in return. The same goes for you as a person - as

soon as we are helping someone because of what we will get in return, you are no longer the protector. Explain to them that a protector will protect you against harm, a helper will just assist for what they can get out of it.

One of the main reasons for TCC's existence comes from the verse in the Bible (Proverbs 31:8) that says: "Speak up for those that can not speak for themselves, defend the rights of the poor and the needy."

# BULLYING

What is bullying?

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Different forms of bullying.

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How to deal with it.

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Bullying is when someone is being hurt either by words or actions on purpose, usually more than once, feels bad because of it, and has a hard time stopping what is happening to them.

Bullying can be physical (hitting, yelling, pushing etc.) or emotional (name calling, making someone feel bad about who they are, sending mean messages etc.)

Our boys need to know that it is never okay to be bullied by someone but it is also never okay to be the bully themselves. Bullying often happens when a person doesn't feel good about themselves and suffers from low self-esteem. If they break someone down, it makes them feel better for that moment. Bullies will often continue to bully because they see that they are getting a reaction. It also gives them a false sense of power.



# KNOW YOURSELF - ASK FOR HELP

When do you know that you need help

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How do I ask for help.

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Who can I ask for help

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Children need to learn how to stay safe, to recognize danger, to be smart and to protect themselves from strangers when on their own, at school and even at home. They need to learn to trust their instincts and if something doesn't feel right, it probably isn't. We as MENTors must teach our boys what to do when in an uncomfortable or unsafe situation.

Teach our boys that it is okay to ask for help when they need it. Help each boy to make a list of names (and telephone numbers), of people that he can contact in time of need. Set an example by asking others for help when YOU need it. Show the boys that it is okay to be vulnerable.



# HOW CAN I MAKE A DIFFERENCE

Be approachable

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Choose the right friends

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Work on improving your self-esteem

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Our boys need to know that they are more approachable to others if they are acting in a responsible, friendly and calm manner and by being a good friend to others.

Teach our boys that to be a good friend means to be the one who will support, encourage, stand-up for and value their friendship. The importance of choosing friends with the same value system must be emphasised. This will reduce the risk of being used. Friendship should always be a two-way street.

