



# FEBRUARY

## Know who you are Who am I?



### TALK TOPICS:

#### 1. Discovering / Introducing me

- Faith / Beloved son of God.
- Everyone should believe in someone.
- Reflecting who / how I want to be.

#### 2. You are a boy/man

- I am unique.
- Build differently (physical), constructed differently (spiritual).
- Mood swings & controlling emotions.

#### 3. Strength vs. Weakness

- My ability vs. my talents & Learned Skills.
- Applying myself *i.e.* my ability makes all the difference.
- Improving and bettering myself.

#### 4. Like vs. Dislike

- Some things that I don't like are good for me.
- I don't like veggies however they are good for me.
- I like sweets yet they're not good for me.
- I love you, but don't like what you do.

#### 5. My worth

- How I add/find value in my family, society & community.
- I exist as part of something bigger.
- How I lead and follow.
- Ploughing back, volunteerism.
- Giving & Taking - "have to give in order to receive".

#### 6. I am a South African

- What makes me a South African?
- National symbols and traditions.
- What makes a good citizen.
- What should change in South Africa?



#### IDEAS & TIPS:

Interesting project for the month would be to get each BOY to **create a TCC ID card** and for each BOY to start a **CV**.

Suggest possibly **starting a journal** in which they can share *how am I feeling today, what am I grateful for, what happened that made me mad/sad, can I focus on something this week, can I change something?*

Consider a **"personality test"**.

Emphasize that when it comes to **weaknesses and dislikes** - these are not negative aspects that define who they are, merely **points to work on** and improve.

